



IQUIT!

I Quit:

Lying

I Quit:

Blaming

I Quit:

Negative
Thinking

Philippians 4:8

⁸Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Philippians 4:9

⁹Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

3 Ideas To Win The Battle For The Mind

**1. Pay Attention
To Your Thoughts**

3 Ideas To Win The Battle For The Mind

**2. Put Quality
Thoughts Into Your
Mind**

3 Ideas To Win The Battle For The Mind

3. Practice Right Thinking



IQUIT!